



# Kings Canyon Chiropractic

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4842 E. Kings Canyon Road, Ste. 103, Fresno CA 93727

Phone: 559-255-7121 Fax: 559-255-7120

Welcome to our office!

Please take some time and fill out ALL the enclosed paper work.  
In order to be seen by the Doctor, all paper work needs to be filled out before your appointment.

Sincerely,

Angie  
KCC Staff

Name: \_\_\_\_\_ SS#: \_\_\_\_\_ Age: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Sex: \_\_\_\_\_ Employed by: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_  
Email: \_\_\_\_\_ Spouse's Birth Date: \_\_\_\_\_

Referred By: (Friend) (Relative) (Sign) (Telemundo) (Univision) (Azteca) (Clasificado) (Sol)  
(Internet) (T.V.) (Yellow Page) (Orale) (Radio) (Pique) (La Especial) (Other: \_\_\_\_\_)

**Please circle your current symptoms:**

(Headaches) (Neck Pain) (Neck Stiffness) (Allergies) (Shoulder/Arm Pain) (Upper-Back Pain) (Knee Pain)  
(Mid-Back Pain) (Low-Back Pain) (Hip/Pelvis Pain) (Sinus Problems) (Asthma) (Stomach Pain) (Hand Pain)  
(Chest Pain) (Numbness) (Arthritis) (Sciatica) (Stress) (Other: \_\_\_\_\_)

**My symptoms are due to:** (Auto Accident) (Work Accident) (Home Accident) (Gradual Onset)

**List all surgeries in the past five years:** \_\_\_\_\_

**Have you ever had spinal surgery?** (No) (Yes: \_\_\_\_\_)

**List any serious condition the doctor should be aware of:** \_\_\_\_\_

**Previous Chiropractor:** \_\_\_\_\_ **Were you satisfied?** (No) (Yes)

**\*Females: Are you pregnant at this time?** (No) (Yes) **Due Date:** \_\_\_\_\_

**Office Policies:** *If I am accepted as a patient at the Kings Canyon Chiropractic Office I agree to pay for all services, including services not covered by my insurance company. If I suspend (or terminate) my treatment without the doctor's permission, it will be understood that I have reached maximum healing for my condition. I then agree to be fully responsible for my condition and future care.*

**Consent To Treat:** *I also understand that no cures are promised (or implied) and any risks regarding care at this office will be explained to me upon my request. I now authorize Dr. Dao/Dr. Mai to proceed with any necessary treatment. I have read Dr. Dao/Dr. Mai's office policies and consent to treat information, and I agree with them by signing below:*

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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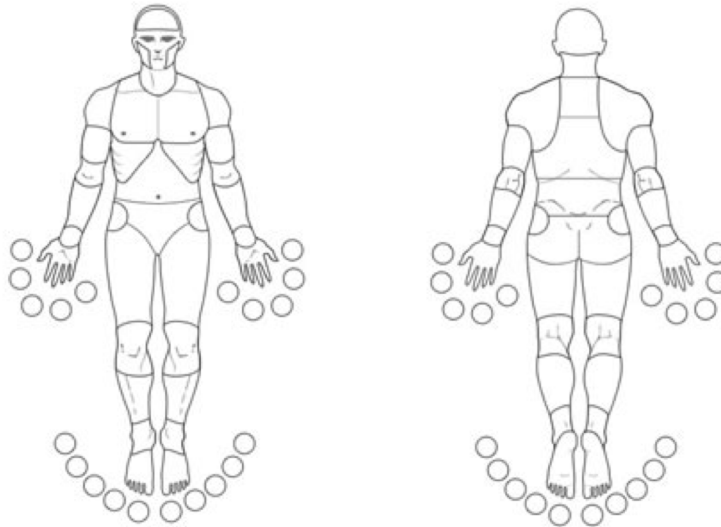
## Patient History Form

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ File #: \_\_\_\_\_

**On the diagrams to the right, please mark where you are experiencing any symptoms:**

Use the following as a guide:

- P= Pain
- T= Tingling
- N = Numbness
- B = Burning
- W = Weakness



The following questions pertain to your **PRIMARY** problem:

Is the pain constant? YES NO N/A Is the numbness/tingling constant? YES NO N/A

How long have you been suffering with your condition? \_\_\_\_\_

Have you had any problems like this in the past? \_\_\_\_\_

Has it been getting worse? YES NO If yes, how long has it been getting worse? \_\_\_\_\_

How would you describe the pain? Achy, Sharp, Burning, Numbness, Needle, Pressure, Tightness \_\_\_\_\_

How would you rate your pain on a scale of 1 (best) to 10 (worst)?

Currently: 1 2 3 4 5 6 7 8 9 10

On Average: 1 2 3 4 5 6 7 8 9 10

At Its Best: 1 2 3 4 5 6 7 8 9 10

At Its Worst: 1 2 3 4 5 6 7 8 9 10

Did your problem come on gradually or suddenly? Gradual Sudden Not sure

Was there any type of injury that may have caused your problem?

\_\_\_\_\_  
\_\_\_\_\_

What aggravates your problem? Bending Lifting Twisting Turning Sitting Standing Walking  
Sitting-to-Standing Laying Down Reading Computer Driving Getting in/out of vehicle  
Other: \_\_\_\_\_

**Do any of these RELIEVE the pain?** Heat, Ice Stretching, OTC Pain Meds, Rest, Nothing  
Other: \_\_\_\_\_

**Is your problem worse in the:** Morning, Afternoon, Evening, At Night, During Sleep,  
All the Same

**Have you been told exactly what condition you have?**

\_\_\_\_\_

**Have you tried any of the following?: Results of treatment: (circle one for each)**

Muscle Relaxers (Prescription):            YES   NO   No Relief   Worse   Temporary Relief

Anti-Inflammatory Meds (Prescription): YES   NO   No Relief   Worse   Temporary Relief

Pain Medications (Prescription):        YES   NO   No Relief   Worse   Temporary Relief

Physical Therapy:                            YES   NO   No Relief   Worse   Temporary Relief

Chiropractic:                                 YES   NO   No Relief   Worse   Temporary Relief

Massage Therapy:                            YES   NO   No Relief   Worse   Temporary Relief

Acupuncture:                                YES   NO   No Relief   Worse   Temporary Relief

Injections (including epidurals):        YES   NO   No Relief   Worse   Temporary Relief

Spinal Surgery:                              YES   NO   No Relief   Worse   Temporary Relief

**Have you been told you need an injection?** YES   NO   By whom? \_\_\_\_\_

**Have you been told you need spinal surgery?** YES   NO   By whom? \_\_\_\_\_

**Have you ever had:**

A spine fracture?        YES    NO

Bone cancer?            YES    NO

Bone infection, disease, or disorder?        YES    NO

Abdominal aneurism?    YES    NO

Night cramping?        YES    NO ---> Hands Fingers Calves Feet Toes Right Left

Swelling?                YES    NO ----> Hands Fingers Legs Ankles Feet Right Left

**Do you have any muscle weakness in the arms or legs yet?** YES NO Arms Legs Right/Left

**Do you have any muscle atrophy (loss of muscle tone) yet?** YES NO Arms Legs Right/Left

**How is this affecting your life?**

\_\_\_\_\_

**How serious do you consider this?**

\_\_\_\_\_

**What do you think will happen if left untreated?**

\_\_\_\_\_

\_\_\_\_\_

# Kings Canyon Chiropractic

Dr. Lien Dao, DC & Dr. Loc Mai, DC \* Email: kccfresno@gmail.com

Phone: (559) 255-7121\* Fax: (559) 255-7120

4842 E. Kings Canyon Rd., Suite 103

Fresno, CA 93727

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

[Please circle the number which most closely describes your chief complaint(s) today:]

## 1. Pain Intensity

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
No Pain Mild Pain Moderate Pain Severe Pain Worst Possible Pain

## 2. Frequency Of Pain

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
25% of the Day No Pain 50% of the Day Occasional Pain 75% of the Day Intermittent Pain 100% of the Day Frequent Pain Constant pain

## 3. Personal Care (Washing, Dressing, Etc.)

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
No Pain Mild pain Moderate Pain Moderate Pain Severe Pain  
No Restrictions No Restrictions Need to go slowly Need some assistance Need 100% Assistance

## 4. Travel (Driving, Riding, etc.)

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
No Pain Mild Pain Moderate Pain Moderate Pain Severe Pain  
On Long trips On Long Trips On Long Trips On Short Trips On Short Trips

## 5. Work

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
Can Do Usual Work Can Do Usual Work Can Do 50% Can Do 25% Cannot Work  
Plus Extra Work No Extra Work Of Usual Work Of Usual Work

## 6. Recreation

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
Can Do all Can Do Most Can Do 50% Can Do 25% Cannot work  
Activities Activities Activities Actitives

## 7. Sleeping

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
Perfect Mildly Moderately Greatly Totally  
Sleep Disturbed Disturbed Disturbed Disturbed

## 8. Lifting

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
No pain Increased Pain Increased Pain Increased Pain Increased Pain  
With Heavy Weight With Moderate Weight With Light Weight With Any Weight

## 9. Walking

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
No Pain Increased Pain Increased Pain Increased Pain Increased Pain  
Any Distance After One Mile After Half Mile After Quarter Mile With All Walking

## 10. Standing

----- (0) ----- (1) ----- (2) ----- (3) ----- (4) -----  
No Pain Increased Pain Increased pain Increased Pain Increased Pain  
After Several Hours After Several Hours After One Hour After Half Hour With Any Standing

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# Patient Health History Worksheet

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Significant Past Health History

Have you ever been hospitalized?

- a) No
- b) Yes: (Year : \_\_\_\_\_) Reason: (\_\_\_\_\_)

Have you had any surgeries?

- a) No
- b) Yes: (Year : \_\_\_\_\_) (Reason : \_\_\_\_\_)  
(Year : \_\_\_\_\_) (Reason : \_\_\_\_\_)  
(Year : \_\_\_\_\_) (Reason : \_\_\_\_\_)

Do you have any significant health problems?

- a) No
- b) Yes: (\_\_\_\_\_)

## Significant Past Medical History

Have you seen another doctor for this condition?

- a) No
- b) Yes: (\_\_\_\_\_)

Did this doctor recommend any treatment?

- a) No
- b) Yes: (\_\_\_\_\_)

Are you taking any medication?

- a) No
- b) Yes: (\_\_\_\_\_)

## Significant Past Social History

Do you play any sports or exercise?

- a) No
- b) Yes: (\_\_\_\_\_)

How many hours do you sleep a night? (\_\_\_\_\_)

How many hours a week do you work? (\_\_\_\_\_)

## Significant Family Medical History

Did your father have any health problems?

- a) No
- b) Yes: (\_\_\_\_\_)

b) Yes: (\_\_\_\_\_)

Did your grandpa have any health problems?

- a) No
- b) Yes: (\_\_\_\_\_)

Did your grandma have any health problems?

- a) No
- b) Yes: (\_\_\_\_\_)

## Health Risk Factors

Do you drink alcohol?

- a) No
- b) Yes: (\_\_\_\_\_)

Do you smoke?

- a) No
- b) Yes: (\_\_\_\_\_)

Anything else the doctor should know about?

- a) No
- b) Yes: (\_\_\_\_\_)

Did your mother have any health problems?

- a) No
- b) Yes: (\_\_\_\_\_)

Did your brother(s) have any health problems?

- a) No
- b) Yes: (\_\_\_\_\_)

Did your sister(s) have any health problems?

- a) No

